

## **Detox Resources for the Uninsured**

*There are no affiliations, these are suggestions from group members. Some of this information has been verified by Admins, some not. If you have updates, please post in group and tag Admins.*

### **1. Crisis Stabilization Unit at Memphis Mental Health Institute - "MMHI"**

Run by Alliance Mental  
Address: 951 Court Ave, Memphis, TN 38103  
Phone: 901-577-1800

### **2. Merit Health ("Trilakes")**

570 MS-6, Batesville, MS 38606  
Phone: 662-563-9600

### **3. Pathways Behavioral Health Services**

238 Summar Drive  
Jackson, TN 38301  
Phone: 1-731-541-8200  
Length of stay for detox: 5-7 days  
Comfort meds only, client will be seen by a Nurse Practitioner or a Psychiatrist  
Group counseling  
Staff can assist with longer term residential placement once detox completed  
Client would need to come with a family member to facility, it may take 2-3 hours to determine if there is a bed available. Beds are given on a first come, first served basis. If no bed available, client would need to be able to be transported with a family member.

### **4. Centerpointe – Knox County (Helen Ross McNabb Center)**

5310 Ballcamp Pike  
Knoxville, TN 37920  
Intake Coordinator – Matt  
Phone: 865-523-4704  
Length of stay for detox: 5-6 days  
Staff can assist with residential placement after detox, average wait is 1 month

### **5. Frontier Health**

301 W. Watauga Avenue  
Johnson City, TN 37604  
Phone: 423-928-9062  
Waiting list – first come first serve basis. Could be sent to CALM center.  
May require medical clearance through a local ER (if not medically stable, can't be seen at CALM center)  
Length of stay for detox: 3-7 days (varies)  
Client would then be discharged and set up for outpatient treatment  
They could assist with finding residential placement, wait list for this is about 1 month.

## **Inpatient Programs for Uninsured – typically need to be detoxed first:**

### **1. Salvation Army Adult Rehabilitation Center**

2649 Kirby Whitten Pkwy

Memphis, TN 38133

Phone: 901-531-1750 ext 57214 (Jim)

This is a 7 month, faith based, work therapy program. Criteria: photo ID \* DL or state ID\* social security card OR Birth certificate, negative TB test in the last year \*free at Shelby County health dept\*, 30 day supply of any meds, ages 21- 65, no registered sex offenders or schizophrenia diagnosis, no physical disabilities that would hinder you from working an 8 hr day, program is FREE to those with no income, MUST be able to pass a clean drug screen \*except marijuana\*.

### **2. Memphis Region 7**

a. Synergy Treatment Center

Toll-free: 1-844-779-0820

Phone: 1-901-332-2227

Fax: 1-901-332-0477

2305 Airport Interchange Ave.

Memphis, TN 38132

One year program

First 5-6 weeks is intensive phase, next 10.5 months client will be offered job placement and basic education classes

Job examples may include: pallet jack and forklift operation, order filling, auto body repair, auto detail, golf course grounds maintenance and construction, customer service, security, facility maintenance, merchandising, stocking and rotation of inventory, equipment maintenance, landscaping, janitorial, mail sorting, laundry, meal preparation, etc

b. Serenity Recovery Center

Must detox first, then can wait for a residential bed to become available.

Phone: 1-888-521-1131

1094 Poplar Ave

Memphis, TN 38105

c. Grace House (for women)

329 N. Bellevue

Memphis, Tn. 38105

901-722-8460

d. Harbor House (for men)

1979 Alcy Rd.

Memphis, TN 38114

Phone: 901-743-1836 (Deborah ext. 2230)

Fax 901-743-3853

Have 28-day grant beds, based on availability. Occasionally have 90 day programs.

Typically help the patient find longer-term transitional programs.

e. Memphis Recovery Center

Phone: 1-866-304-8254

215 N. Montgomery Street

Memphis, TN 38104

Client needs to call and wait will be determined

Residential, partial and intensive outpatient program

f. First Step Recovery Center

901-522-1002

1950 Madison Ave

Memphis, TN 38104

**3. West Region 6**

a. JACOA - Jackson Area Council on Alcoholism and Drug Dependency

900 E. Chester St.

Jackson, Tennessee 38301

Phone: 731-423-3653 (ask for Francis – admissions)

After Hours Phone: 731-343-1800

Have 28-day grant beds, based on availability. Will help the patient find longer-term transitional programs.

b. T.A. M. B. of Jackson

Aspell Recovery Center

331 North Highland

Jackson, Tn. 38301

731-427-7238

**4. Northeast TN Region 1**

a. Frontier Health

1167 Spratlin Park Dr., Box 9054

Gray, Tn. 37615

423-467-3600

b. Comprehensive Community Services

321 West Walnut Street

Johnson City, Tn. 37604

423-928-6581

**5. East TN Region 2**

a. Helen Ross McNabb Center, Inc.  
201 West Springdale Ave.  
Knoxville, TN 37917  
865-523-4704  
1-800-445-6538 or 865-524-7483 (family/pregnant women)

**6. Southeast Region 3**

a. CADAS  
207 Spears Ave.  
Chattanooga, Tn. 37405  
1-877-282-2327 (AT-CADAS)

**7. Nashville Region 4**

a. Lloyd Elam Mental Health Center  
1005 D. B. Todd Blvd.  
Nashville, Tn. 37208  
615-327-6255

b. Mending Hearts  
P.O. Box 280236  
Nashville, TN. 37228  
615-383-6187

c. Renewal House  
EMAIL: [info@renewalhouse.org](mailto:info@renewalhouse.org)  
P.O. BOX 280356 Nashville, TN 37228  
Phone: 615- 255-5222  
Need information on grant programs – send feedback to Christy

**8. Mid Cumberland Region**

a. Buffalo Valley  
P.O. Box 879  
Hohenwald, Tn. 38462  
Adult Social Detox  
1-800-447-2768

b. Place of Hope  
105 N. James Campbell Blvd.  
Columbia, Tn. 38401  
931-388-9406

These MS facilities give priority to MS residents, but are not limited to MS residents only:

**1. Region 1/Fairland Center, (near Clarksdale MS)**

3000 Highway 49 South

Tutwiler, MS 38963

Phone: 662-624-2152

Afterhours Crisis: 888-404-8002

Income based treatment, grant beds based on availability. Programs for mothers/fathers with children.

**2. Region II/Haven House**

152A Hwy 7 South

Oxford, MS 38655

Phone: 662-234-7237 (Option 1 – Nikki Thomas)

Fax: 662-513-4100

Haven House has a sliding scale fee system, but also has grant beds available for heroin/opiate addicts. The program is 28 days and if you are doing well and apply for transition, you can enter the vocational rehab program, which means you'll work to pay for 60 additional days.

**3. Region III/Lifecore – Tupelo, MS**

920 Boone St.

Tupelo, MS 38804

Phone: 662-844-3531

Fax: 662-844-1757

**4. Region IV/CDC – Corinth, MS**

401 New Hope Drive, Box 839

Corinth, MS 38834

Phone – 662-286-7199

Or 662-286-3110 (Jordan Gibbs)

Fax – 662-286-8908

Researching

**5. Next Door – Nashville, TN (grant beds/scholarships?)**